

Brighton's original vegetarian restaurant
Established 1981

food for friends mezze for two £22.95

- sundried tomato and basil falafels (V, GF)
- roasted aubergine with sweet tomato and marsala wine sauce topped with parmesan (GF)
- roasted sweet peppers stuffed with herbed cous cous, dried fruits and toasted flaked almonds topped with warm goat's cheese (VO, N)
- roasted courgettes stuffed with feta, sun-dried tomatoes and pinenuts (GF)
- micro herb, leaves and edible flower salad with olive oil and lemon dressing (V)

all served with lemon aioli, hommus, basil and chilli labne and warm pitta (GO, S, N)

butternut squash filo parcel (V, N, S) £10.95

filo parcel with roasted butternut, cashew nuts, spinach and caramelised onion on a mandarin and mango salad with mirin and chilli dressing

sweet potato and coconut curry (VO, GF, N) £10.95

roasted sweet potato, butternut squash, cashew and coconut curry with herbed spinach
brown basmati pilaf, cucumber riata and spicy vegetable crisps

Key

V vegan / GF gluten free / N contains nuts / VO vegan option / GO gluten free option / OV often